

Supported Decision-Making for people living with dementia

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Interviews

- Two-phase qualitative study
 - Phase 1: Lived experiences of decision-making (health and lifestyle)
 - Phase 2: Consultation on Supported Decision-Making
- Individual and dyadic interviews
- 37 people living with dementia, 45 family members
- Process consent approach (Dewing et al 2007)
- Participants were not subject to guardianship

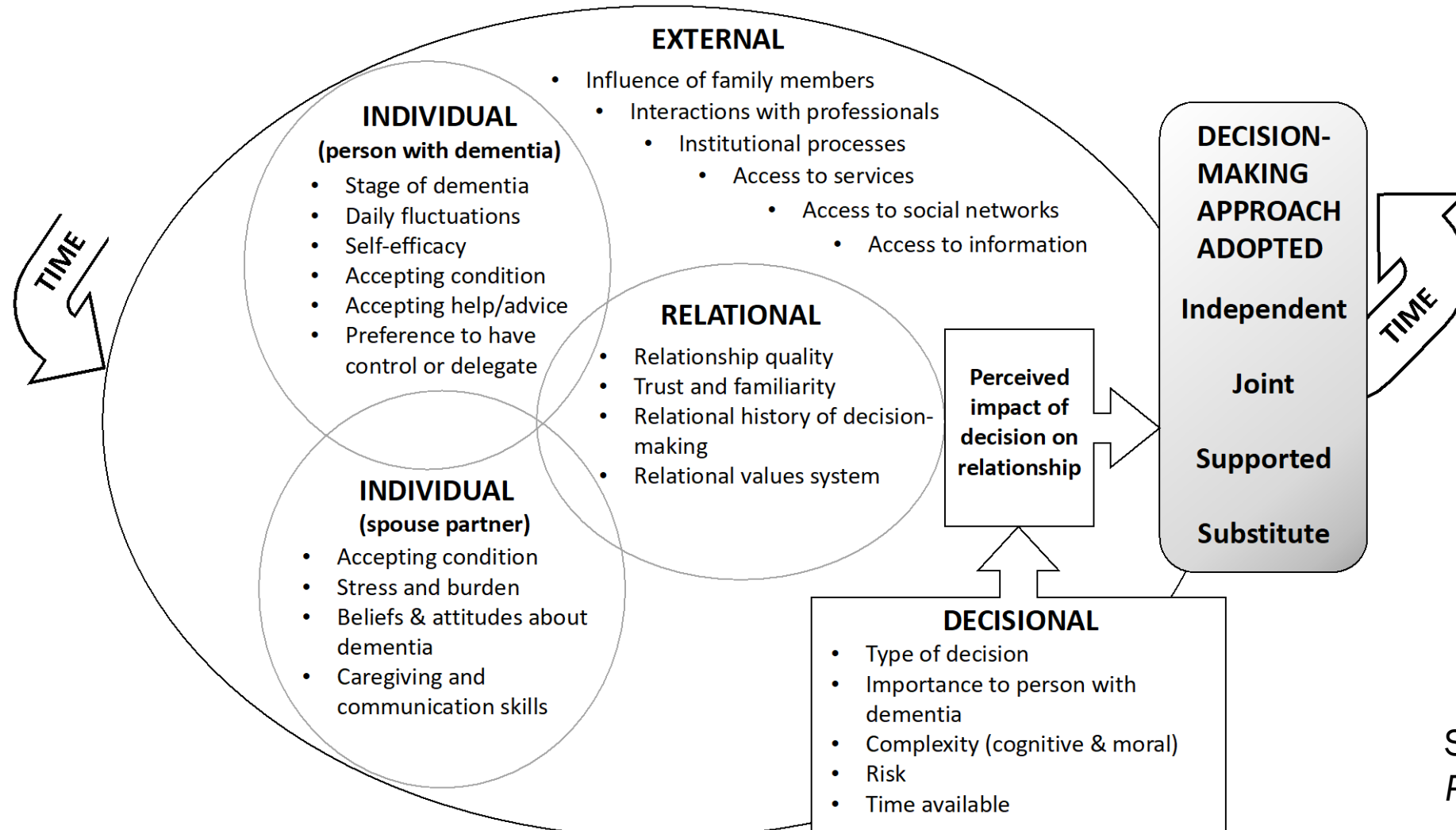
Relational perspectives on decision-making

*“...what we are faced with here is a problem that **you and I have and you and I have to deal with it**. So, it’s not the individual. It’s at least the individual and their carer. To take it further, it’s the family, the friends, the associates ... who have gone through the same process, all those people are somehow affected.”* (67 year old man, living with dementia, interviewed alone)

The significance of decision-making involvement

*“It’s my life. I don’t mind if the decision doesn’t go my way, none of that matters. **It’s to be acknowledged and recognised that you’re still a person** and you’ve still got the ability to reflect what it is that I want, that I would like, and I’m quite happy to listen if there is to be another judgment...” (71 year old woman, living with dementia, interviewed with spouse)*

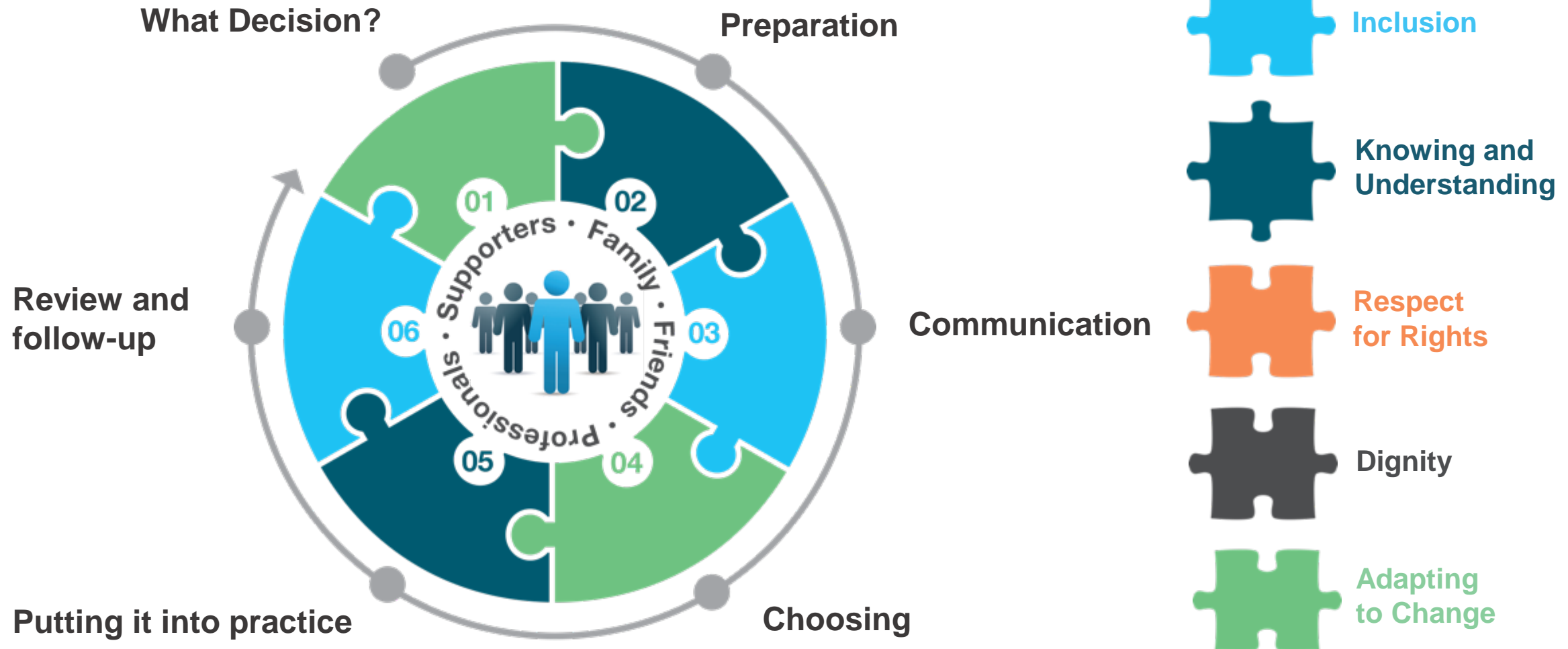
Factors associated with decision-making



Emotional processing in decision-making

- Dual-processing theories – rational/deliberative vs emotion/affect driven processes
- Incidental affect
- Integral affect
- Tradeoff aversion
- Stereotype threat

A step-by-step approach



Implications for maximising participation in Tribunal proceedings

- Decision-making occurs in a social and relational context
- Tribunal decisions often in context of family conflict
- A range of factors impact on involvement
- Preparatory information in advance of hearings
- Emotional processing may play an important role
- Accessibility of key information (multiple domains)
- Attention to setting (cognitive/sensory load, familiarity)
- Awareness and training for all involved (e.g. tribunal members, registry and clerical staff)

Web Resources


<http://sydney.edu.au/medicine/cdpc/resources/supported-decision-making.php>

Supported decision-making guidebook

'My Decision Support Plan'

- Identifying preferred supporters
- A goals and values tool for different domains
- Guidance on techniques that assist the person in decision-making

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The screenshot shows a video player interface. On the left, there is a list of bullet points under the heading 'My Decision Support Plan'. Below the list is a URL. The main area of the video player shows a document titled 'MY DECISION SUPPORT PLAN'. The document has several sections: 'DECISION MAKER', 'MY SUPPORTERS', 'MY GOALS AND VALUES', and 'WHO IS HELPFUL TO ME'. The 'WHO IS HELPFUL TO ME' section contains a list of questions and checkboxes. To the right of the document is a video thumbnail titled 'CDPC Speakers' showing a woman speaking.



References

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